

"Trekking of Glacier and the Lakes of the Mont Avic Nature Park" From the Champorcher Valley

22.23.24.25 August 2017: *this trekking is four days around the Glacier Group in the Mont Avic Nature Park. We look the side of the Champorcher Valley, but it is more nice to know the "Parc Naturel Mont Avic" by the Champdepraz Valley. This is the original first Natural Park of the Aosta Valley Region; established in 1989. The area was expanded in the adjacent Champorcher Valley in 2003 to the borders of the Gran Paradiso National Park, between Rosa dei Banchi, Peradza, Valle Soana (Piedmont) and Becca Costazza in Valle di Cogne (Aosta). An authentic natural corridor for the precious "alpine wildlife": ungulates cervids; ibexs, chamois and marmots, to the last events of the wolf and the "gipeto". The geomorphological formations, the endemic of the alpine flora linked to the "calcific rocks" and the slopes of the Glassier to the "green rocks". These rocs are a welcome some special vegetation associations of the "alpine prairies" and numerous peat bogs and lakes that characterize the authentic beauty of the Mont Avic Nature Park. Including the recovery of the "Pino Uncinato" forest environment of the Champdepraz Valley.*

Why this Trekking?

1° day - A great medium difficulty "Trekking Adventure" (EE) will allow participants to know the entire area of the Park. You will have to organize it with rationality and with adequate equipment and not heavy. A maximum of 8 to 10 pounds to enjoy and enjoy the natural beauty of this high mountain environment and "... of Wilderness ..." walking without straining the pass along one of the most complete trails in the Alps. **The meeting** of Hike's Guide is **in afternoon of 22th August**, in the Champorcher Valley to Plateau or Refuge Dondena m.2200. This nice Refuge is a old "Royal House" of the ancient hunting reserve of Vittorio Emanuele II. Presentation of the program and accommodation, dinner and overnight stay.

2° day - Breakfast and we are easy walking to high Champorcher Valley, for Giasset Lake up the Raty Rocks. This area is very nice and a little altitude but very interesting to cross Giasset, Raty, Vernoulle and Muffi Lakes. We go up the La Croix Pass m. 2280. A strange plateau looking down the north and side of the Champdepraz (*a). This watershed is an open terrace where ponds are part of the Colle de La Croix. This watershed is an open terrace. There are ponds of rare beauty where some species of "Libellula" live. The landscaped spectacle is incomparable. We descend and we arrive to little and reflective Vallet Lake. The Matterhorn (Cervino), Monte Rosa and the extension of its glaciers are open in front . In a short time you will find the Barbustel Rifugio m.2200 on a promontory near "White Lake" . Accommodation, dinner and overnight stay. 1 \ a breakfast (4 \ 5 hours).



3° day. Breakfast. You start and following the path along the banks of the lakes: White, Black and Cornuto. The initially linear track is going up to the beautiful steep track and rocks of the "Great Lake" of Valley. This area is dominated the north wall of the Glacier, on the morenic plateau where there are some lakes without names. The Leita's last lakes and you get to the Colle Mondzové m. 2620 to get off at the homonymous green lake. The Amphitheater extends from the Rocks of the Gran Rouge; across the North Side of the Glacier Top and then declines to the West on the Etsely Pass m. 2810 and is the challenging passage that surrounds the Glacier. The Amphitheater extends from the Rocks of the Gran Rouge across the North Side of the Glacier Summit and then declines to the West on the Etsely Pass, m. 2810. This the passage that surrounds the Glacier. After we can to arrive with a little difficulty reaching the Col Fussy m.2910. We enter the southern Mont Glacier rocky district. (Optional climb to the top m 3185). The descent takes place on a very steep and grassy trail, well traced and you reach the * Refuge Miserin, accommodation, dinner and overnight.

4° day. Breakfast. We enjoy some hours to visit Miserin Lake and its landscape. This day is a rest for those who want to enjoy the alpine ambience yet. Short downhill to the Rifugio Dondena m. 2200. Lunch or accommodation, dinner and overnight stay.

5° Day. Breakfast. Return to our locations home.

How to reach the Champorcher - by car: Highway A5 - Exit, Pont S. Martin and to drive Regional Road to Bard Fortress (about 2 Km). To cross the bridge over "La Dora Baltea" to Hone and you drive on Champorcher Valley (1 hour) to the Castle village. To the right to go up the road on to Dondena and Mont Avic Nature Park to Le Cort. Here the carriageway, to go (about 6 km.) to square for car. You can walking 15 minutes and to arrive at Rifugio Dondena.

Participants: minimum 4 \ 6 people **euro 360** per person. The price includes: Naturalistic Hike's Guide + half board to accommodation: dinner, overnight stay and breakfast in the shelter. (Excluding drinks, baggage and personal extras). You ask also the equipment notes; (the bag-sheet obligatory to sleep in shelters).



PH. G. Tamiozzo *Parco Naturale Mont Avic – Dalla Cima del Mont Glacier l'area del "Gran Lago" e dei Leita'*

(*a.) On request the program is extended for one week (6 days). Meeting and visit to Bard Fortress "Current Center of Culture and Museum of the Alps" of the Aosta Valley Region. You go into the Mont' Avic Nature Park from Champdepraz Valley - Covarey and the trail starts from the entrance to Mont 'Avic Park; Gradual and original for the beautiful "Pino Uncinato" forest.

Informazione e Booking:

At least twenty days before hiking: call the Gianni, Naturalistic Hiking Guide: mobile 3400021540 o to write
e.mail: gtamiozzo1@yahoo.it www.parks./gui/tamiozzo.gianni
o presso il Rifugio Dondena: Susy & Loris cell. 3482664837 o 3472548391 allo Staff del Rifugio Miserin 3486813091
www.rifugidellarosa.it www.miserinespritlibre.it



<http://www.parks.it/gui/tamiozzo.gianni/Eindex.php>