

Gran Paradiso National Park Winter 2018

Excursions from Winter to Spring with "Park's Guides"

technical management: Gianni Tamiozzo Guide PNGP Aigae & Aigena



These days are "Weekend of Winter Season" to the discovery of Alpine nature, to spot the wildlife of the most important Alps Park, between Piedmont and Aosta Valley. Difficult period for ungulates, but also of the great secrets of the natural cycle of the High Mountain. Reflection of the "Nature" and social organization groups of chamois and ibex in competition with each other; hierarchies and loves, after the great migration occurred in Autumn, from one side to 'the other of the Western Alps. The herds are now looking for "invergnò" those pastures to spend the 'winter sheltered from big avalanches and trying to better survive until next Spring; (by the book "History of the Alps Ibex" and "Among the Chamois" Ed. \ AV: Azzolini-Lovari-Tamiozzo at offer for € 8 each)

***** **Where we are meeting** *****

***** PNGP - Aosta Valley: meeting place after the Aosta City - (Exit highway A5): Ayamville Village; in the Square center between the Town- Hall and Post Office. Placed at 9.30. *****

***** PNGP - Canavese Valleys: meeting to Turin City or point Ivrea (Exit highway A5): Orco Valley, Locana Tourist Office 9.30 and Pont C.se to Turin Canavese P.za Craveri, for the Soana Valley. *****

2018 - Calendar of Excursions (The days following the daylight hours available in winter: from 9.30 to 17.30)

- 1-2th April – "Easter" to Ceresole Reale. and the high Orco Valley.
- 07 th April – Rhêmes Valley - NotreDame, the Entrelor Valley.
- 08 th April – Cogne Valley- Sylvenoire and Valeille.
- 15 th April – Valsavaranche: "Valley's heart of the Park" to Orvielle locality.
- 22 th April - Orco Valley - Ceresole Reale and high Valley.
- 29 th April – Soana Valley – Campiglia locality to San Besso.

*** and we continue on weekends until June; considered "Spring Period" in the high mountains. The excursions begin for the new Summer season, an activity recommended for outdoor educational purposes for schools, students, teachers and groups of families who want to deepen their knowledge of alpine nature.

Hiking equipment required: suitable for winter and spring. Mountain shoes, anorak (obligatory in the mountains), a sweater or polar (fleece-lined), rucksack and (food packaged daily), gloves and cap, high protection sunscreen, sunglasses (to always be used). Useful are: good clear binoculars, paper or album and pencil.

Prices and services:

- € 60 per person (minimum 2 participants)
- € 25 per person (minimum 4 \ 5 participants)
- € 15 per person (minimum 7 \ 8 participants)
- € 10 per person (minimum 12 \ 15 participants)

Special prices for groups and families:

Free for children under 12\14 years old; adults and parents are paying.

Ease for groups of 18 to 25 participants € 8 per person.

Reservation within the week before the excursion

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NB. If You like wishing to spend a few days, the weekend or the "Holidays" it is the possibility of organizing initiatives with the Guide's Park the half board in typical downstream facilities (Hotel, Catering, lodages, B & B).

The days will be held outdoors in the environment of the High Mountain, therefore needs to organize and present with the appropriate equipment to Winter. The outputs you will walk in the event of lack of snow or, with the snow conditions, they will be using and you use snowshoes. The stages will be indicated by the seasonality of the winter period for sighting wildlife from "Winter to Spring".

The winter season, will be limited from easy hikes

200 \ 400 meters, due to the low temperatures and snow conditions without cohesion. When the snowy mantle is consolidated and changes from freezing to thawing, the ground will be more secure. Only in the spring, hiking increase the altitude from 500 to 800 \ 1000 meters, when the snow is changed and compact. (TE = tourist and excursion).

